

Monthly Medical and Dental Premiums for employees in the Diocese of Maryland

effective 1 January 2023

Medical premiums for 2023 are 2.73% higher than 2022, a surprisingly small increase given the costs of everything else these days. Dental premiums remain unchanged from 2022.

Medical	Single	Plus Spouse	Plus Children	Family
Anthem PPO 80	\$903	\$1,806	\$1,625	\$2,709
Anthem PPO 90	\$979	\$1,958	\$1,762	\$2,937
Dental				
Ortho 25/75	\$65	\$130	\$117	\$195
Basic 50/150	\$48	\$96	\$86	\$144

For employees aged 65 or older and enrolled in Medicare Part A, the premiums may be lower. Eligible employers may participate in a plan with Medicare Secondary Payer, if the congregation has applied and the Centers for Medicare and Medicaid Services has approved. (Contact Adam Barner at abarner@episcopalmaryland.org for more information.) These rates for 2023 are below:

Medical	Single	Plus Spouse	Plus Children	Family
Anthem MSP PPO 80	\$721	\$1,442	\$1,298	\$2,163
Anthem MSP PPO 90	\$781	\$1,562	\$1,406	\$2,343
Dental				
Ortho 25/75	\$65	\$130	\$117	\$195
Basic 50/150	\$48	\$96	\$86	\$144

Employees not already in a medical plan provided through the Episcopal Church are *strongly encouraged* to have coverage in the Employee Assistance Program (EAP). The EAP offers an array of services designed to assist you and your dependents with work, life, and family issues. EAP services are free, confidential, and available 24/7. The cost to the employer is only \$4/month, but the employee has to enroll at the time of open enrollment in November (or at the start of employment).