

### 2019 Monthly Rates for Medical Benefits in the Diocese of Maryland

	<b>Single</b>	<b>Plus Spouse</b>	<b>Plus Child</b>	<b>Family</b>
2019 Anthem PPO 90	\$823	\$1,646	\$1,481	\$2,469
2019 Anthem PPO 80	\$759	\$1,518	\$1,366	\$2,277

### 2019 Monthly Rates for Dental Benefits in the Diocese of Maryland

	<b>Single</b>	<b>Plus Spouse</b>	<b>Plus Child</b>	<b>Family</b>
2019 Basic Dental	\$47	\$94	\$85	\$141
2019 Dental & Ortho	\$64	\$128	\$115	\$192